

September 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30 Professional Development Day Breakfast & Lunch – Taco Bar	31 Professional Development Day Breakfast & Lunch – Chicken Souvlaki	1 Classroom Day	2 No School
5 No School Labor Day	6 Chicken Sandwich, French Fries, Fruit, Milk Variety	7 Grilled Cheese, Toma- to Soup, Roasted Cau- liflower, Fruit, Milk Variety	8 Spaghetti with Beef Meat Sauce, Roasted Broccoli, Parmesan Cheese, Breadstick, Fruit, Milk Variety	9 Beef Taco on Flour Tortil- la, Corn, Steamed Rice, Beans, Fruit, Milk
12 Sweet and Sour Chicken Bites, Steamed Rice, Roast- ed Broccoli, Fruit, Milk	13 Beef Burgers, French Fries, Pickle, Fruit, Milk	14 Turkey Hot Dog, Roasted Cauliflower, Fruit, Milk	15 Chicken Fingers Maca- roni and Cheese, Green Beans, Fruit, Milk	16 Pizza with Turkey Pep- peroni, Garden Salad, Fruit, Milk
19 Chicken Bites, Bel- gium Waffles, Roast- ed Sweet Potatoes, Fruit, Milk	20 Nachos with Beef and Cheese Sauce, Corn Fruit, Milk	21 Chicken Alfredo, Pen- ne Pasta, Green Beans, Fruit, Milk	22 BBQ Chicken Quesadil- las, Roasted Cauliflow- er, Fruit, Milk Variety	23 Beef and Cheese Empa- nadas, Roasted Broccoli, Fruit, Milk
26 Breaded Chicken Sandwich, French Fries, Fruit, Milk	27 Cold Cut Subs (Turkey or Ham), Bag of Chip, Lettuce, Tomato, Pickle, Fruit, Milk Variety	28 Grilled Cheese, Toma- to Soup, Roasted Cau- liflower, Fruit, Milk Variety	29 Spaghetti with Meat Sauce, Roasted Broc- coli, Fruit, Milk	30 Beef Taco on Flour Tortil- la, Corn, Steamed Rice, Beans, Fruit, Milk

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