

September Menu 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Sweet and Sour Chicken, Broccoli, Rice, Vegetable Eggroll, Fruit, Milk	2 Scrambled Eggs, Turkey Sausage, French Toast Sticks with Syrup, Potato Hash Browns, Fruit, Milk	3 Breaded Chicken Sandwich, Roasted French Fries, Lettuce, Tomato, Fruit, Milk
6 No School Labor Day	7 Chicken and Waffles with Syrup, Roasted Sweet Potatoes, Fruit, Milk	8 Beef and Cheese Taco on Flour Tortilla, Corn, Steamed Rice, Beans, Fruit, Milk	9 Chicken Alfredo with Penne, Green Beans, Fruit, Milk	10 Pizza with Turkey Pepperoni, Garden Salad, Carrot Sticks with Ranch, Fruit, Milk
13 Chicken Finger, Mac and Cheese, Roasted Broccoli, Fruit, Pears, Milk	14 Beef Hamburger with Cheese, French Fries, Lettuce & Tomato, Pickle, Fruit, Milk	15 Spaghetti with Meat Sauce, Garden Salad, Fruit, Milk	16 Grilled Cheese, Tomato Soup, Roasted Cauliflower, Fruit, Pears, Milk	17 Nachos with Meat and Cheese Sauce, Corn Fruit, Milk
20 Sweet and Sour Chicken, Broccoli, Rice, Vegetable Eggroll, Fruit, Milk	21 Scrambled Eggs, Turkey Sausage, French Toast Sticks with Syrup, Potato Hash Browns, Fruit, Milk	22 Breaded Chicken Sandwich, French Fries, Lettuce, Tomato, Fruit, Pears, Milk	23 Chicken and Waffles with Syrup, Roasted Sweet Potatoes, Fruit, Milk	24 Beef and Cheese Taco on Flour Tortilla, Corn, Steamed Rice, Beans, Fruit, Milk
27 Chicken Alfredo with Penne, Green Beans, Fruit, Milk	28 Turkey Hot Dog, French Fries, Fruit, Milk	29 Grilled Cheese, Tomato Soup, Roasted Cauliflower, Fruit, Pears, Milk	30 Cold Cut Sub Day, Carrot Stick, Lettuce, Tomato, Pickle, Fruit, Milk	1 Pizza with Cheese and Turkey Pepperoni, Garden Salad, Carrot Sticks, Fruit, Milk

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