

October Menu 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Pizza with Turkey Pepperoni, Garden Salad, Fruit, Milk
4 Beef Hamburger with Cheese, French Fries, Lettuce & Tomato, Pickle, Fruit, Milk	5 Chicken Finger, Mac and Cheese, Roasted Broccoli, Fruit, Pears, Milk	6 Spaghetti with Meat Sauce, Garden Salad, Fruit, Milk	7 Sweet and Sour Chicken, Broccoli, Rice, Fruit, Milk	8 Nachos with Meat and Cheese Sauce, Corn Fruit, Milk
11 No School Indigenous People Day	12 Scrambled Eggs, Turkey Sausage, French Toast Sticks with Syrup, Potato Hash Browns, Fruit, Milk	13 Breaded Chicken Sandwich, French Fries, Lettuce, Tomato, Fruit, Pears, Milk	14 Chicken and Waffles with Syrup, Roasted Sweet Potatoes, Fruit, Milk	15 Beef and Cheese Taco on Flour Tortilla, Corn, Steamed Rice, Beans, Fruit, Milk
18 Chicken Finger Sub French Fries, Lettuce, Tomato, Fruit, Milk	19 Beef Hot Dog, Broccoli, Fruit, Milk	20 Chicken Alfredo with Penne, Green Beans, Fruit, Milk	21 Cold Cut Sub Day, Carrot/Celery Stick, Baked Chip, Lettuce, Tomato, Pickle, Fruit, Milk	22 Pizza with Turkey Pepperoni, Garden Salad, Fruit, Milk
25 Chicken Finger, Mac and Cheese, Roasted Broccoli, Fruit, Pears, Milk	26 Beef Hamburger with Cheese, French Fries, Lettuce & Tomato, Pickle, Fruit, Milk	27 Spaghetti with Meat Sauce, Garden Salad, Fruit, Milk	28 Grilled Cheese, Tomato Soup, Roasted Cauliflower, Fruit, Pears, Milk	29 Nachos with Meat and Cheese Sauce, Corn Fruit, Milk

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