

# January Menu 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chicken Bites, Belgian Waffles, Roasted Sweet Potatoes, Syrup, Fruit, Milk	4 BBQ Chicken Quesadilla, Roasted Cauliflower, Fruit, Milk	5 Chicken Alfredo, Penne Pasta, Green Beans, Fruit, Milk	6 Breaded Chicken Sandwich, Roasted Broccoli, Fruit, Milk	7 Beef and Cheese Taco on Flour Tortilla, Corn, Steamed Rice, Beans, Fruit, Milk
10 Beef Burgers, French Fries, Pickle, Fruit, Milk	11 Chicken Finger Sub, Macaroni and Cheese, Collard Greens, Fruit, Milk	12 Turkey Hot Dog, Roasted Cauliflower, Fruit, Milk	13 Spaghetti with Meat Sauce, Roasted Broccoli, Fruit, Milk	14 Pizza with Turkey Pepperoni, Garden Salad, Fruit, Milk
17 No School Dr. Martin Luther King Jr. Day	18 Sweet and Sour Chicken, Broccoli, Rice, Vegetable Egg Roll, Fruit, Milk	19 Beef and Cheese Empanadas, Corn, Fruit, Milk	20 Scrambled Eggs, Hash Brown, Turkey Sausage, French Toast, Syrup, Fruit	21 Nachos with Meat and Cheese Sauce, Corn, Fruit, Milk
24 Chicken Bites, Belgian Waffles, Roasted Sweet Potatoes, Syrup, Fruit, Milk	25 BBQ Chicken Quesadilla, Roasted Cauliflower, Fruit, Milk	26 Chicken Alfredo, Penne Pasta, Green Beans, Fruit, Milk	27 Breaded Chicken Sandwich, Roasted Broccoli, Fruit, Milk	28 Beef and Cheese Taco on Flour Tortilla, Corn, Steamed Rice, Beans, Fruit, Milk
31 Beef Burgers, French Fries, Pickle, Fruit, Milk	1 Chicken Finger Sub Day, Green Beans, Lettuce, Tomato, Fruit, Milk	2 Turkey Hot Dog, Roasted Cauliflower, Fruit, Milk	3 Spaghetti with Meat Sauce, Roasted Broccoli, Fruit, Milk	4 Pizza with Turkey Pepperoni, Garden Salad, Fruit, Milk

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